

RETURN TO PLAY PROTOCOL

Appendix

On the Field: Removal-from-Sport Protocol

Concussion Suspected	
1.) Remove the Athlete	•Designated person(s) to immediately remove the athlete from further training, practice or competition.
2.) Call 911 if Emergency	•Designated person(s) to call 9-1-1 if in their opinion, doing so is necessary.
3.) Inform	•If the athlete under 18, designated person(s) to inform parent or guardian about the removal. Designated person(s) to advise the athlete, or the parent or guardian, that the athlete is required to undergo a medical assessment (by a physician or nurse practitioner) before returning.
I.) Give Protocols	•Designated person(s) to provide the athlete or, if the athlete is under 18, the athlete's parent or guardian with Removal-from and Return-to-Sport protocols.
5.) Record the Incident	•Sport organization to make and keep a record of incidences where an athlete is removed.
5.) Returning to raining, Practice or Competition	Once removed, the athlete is not permitted to return to training, practice or competition, until medically cleared to do so in accordance with the Return-to-Sport protocol.

Off the Field: Removal-from-Sport Protocol

1.) Receive Confirmation	Has undergone a medical assessment and has not been diagnosed as having a concussion, and has been medically cleared to return to training, practice or competition. *Designated person(s) must receive confirmation from athlete or parent/guardian.
2.) If Diagnosed Concussion	Proceed through the graduated return-to-sport steps.
3.) Graduated Return-to-Sport Steps	Set out activities specific to the sport as well as intended outcomes of the activities that the athlete must successfully complete before moving on to the next step.
1.) Share Medical Advice	An athlete, or the athlete's parent or guardian must share the medical advice or recommendations they receive with the designated person(s).
5.) Disclosing Diagnosis	 Designated person(s) must inform the athlete or the athlete's parent or guardian of the importance of disclosing the diagnosis to any other sport organization with which the athlete is registered or school that the athlete attends.
6.) Medical Clearance	 Confirmation of medical clearance by a physician or nurse practitioner before the athlete is permitted to move on to unrestricted training, practice or competition. *Designated Person(s) must receive confirmation from athlete or parent / guardian.
7.) Record Progression	 Sport organization must make and keep a record of the athlete's progression through the graduated return-to- sport steps until the athlete, or the athlete's parent or guardian, has provided a confirmation of medical clearance.

^{*}Graphics provided by Rowan's Law. More info at Onatario.ca/concussions