



## **Return to Train**

### **Phase 1:**

As part of the Ontario Soccer Return to Play guidelines, the Georgetown Soccer Club has prepared the following guide that meets the mandated criteria. Georgetown Soccer Club will be referring to Phase 1 as the “Return to Train” plan as there are no games of any sort, including small-sided games or inter-squad games, or scrimmages permitted.

### **Practice Guidelines:**

Practice times will be provided by the Georgetown Soccer Club. These are the only soccer practices that are permitted, ie, teams are prohibited from holding any additional practices outside of these established times.

Team managers will use their existing communication methods, such as Team Snap, to post scheduled practice times including the names of the players who are invited to each specific practice. As practices will remain small-group practices, with no greater than 10 individuals permitted in a gathering, each practice will consist of a maximum of 8 players and 2 coaches. Therefore, teams with rosters larger than 8 players will need to ensure their squad is split to accommodate.

There are new waiver forms that need to be completed (see Appendix). Each parent is required to complete a copy of the Informed Consent form for their child (if under the age of 18), each team official (coach, assistant coach, manager, assistant manager and any volunteer associated with a team) is expected to complete the Release of Liability form. In addition, there is a Declaration of Compliance form that must be completed by each family. All forms are to be completed, collected and submitted to the Club prior to the start of any practice.

Players are instructed to arrive no earlier than 15 minutes prior to the scheduled start of their practice time. In the event a player arrives to the field of practice any earlier, they are requested to remain in their vehicle. Players are required to bring their own equipment to the field of practice as no shared equipment is to be utilized. This includes;

1. water bottle
2. coloured t-shirt or personal pinnie
3. soccer ball

Upon arrival at the field, players must be accompanied by one parent, sibling or guardian to the sign-in table which will be located near to the field of practice. All players are required to complete a Covid-19 Symptom Checklist (see Appendix for Covid-19 Symptom Checklist form). Note that parents/guardians are asked to complete a temperature check at home prior to coming to the field of practice to ensure they are able to answer the question regarding temperature. All completed Covid-19 Symptom Checklist forms are to be provided to the team manager or assistant team manager at the time of sign-in, so that they can

be returned to the Club. Any player unwilling to complete a Covid-19 Symptom Checklist form will be asked to exit the field of practice immediately and will not be eligible to participate in the practice. If any question on the Covid-19 Symptom Checklist form is answered in the affirmative, indicating a possible health risk, that player will not be eligible to participate in the practice and will be required to leave the field of practice immediately. If there is any issue, debate, discussion or dissent about a player's eligibility to participate, a Field Marshall will be contacted immediately.

Players will then sign in using the team GSC Covid Contact Tracing Log (see Appendix for Tracing Log). Note that players are required to sign in and out to indicate their time of arrival at the field and their time of departure from the field.

At the time of sign-in, all players are required to sanitize themselves with hand sanitizer that will be available at the sign-in/out area. All players are required to sanitize their soccer ball at the time they sign in using the sanitization solution (may be spray or wipe form). The manager or assistant manager who is staffing the sign-in/out area must sanitize the table (if applicable) as soon as each participant is screened to ensure it has been cleaned for the next player to sign in.

Coaches may use their own cones or training sticks to set up practices but note that players are not to touch the coach's equipment. Coaches are prohibited from providing a pinnie, soccer ball or water to any player. It is the responsibility of each team to supplement their First Aid kit with personal protective equipment (PPE) including masks and hand sanitizer to be used in the event that there is a need to tend to a player, for example in the event of an injury.

Coaches will use cones to indicate where players can position their personal belongings and ensure that cones are positioned a minimum of 2 meters apart. The location where players place their equipment is where they will go to get their water at designated water breaks and where they will pick up their equipment at the time of their departure.

Coaches will run skills drills only and are prohibited from engaging in any small-sided game-type of activities that may cause players to come into contact with one another. Note that skills that involve the heading, chesting or any contact above the waist is strictly prohibited. There is to be no use of the soccer nets at the field for any drills.

Coaches will conduct their practice ensuring that appropriate social distancing of a minimum of 2 meters distance between players and coaches is maintained at all times.

In the event that a player requires the use of a washroom, players should be permitted to use the closest portable toilet. All team officials, parents, players, field marshalls, volunteers and club officials should note that the portable toilets located at the field of play are NOT the responsibility of the Georgetown Soccer Club and anyone using these facilities are understood to be using them at their own risk.

At the end of the practice, players will be instructed to leave the field of practice, ensuring they gather their own equipment only. As a reminder, players are required to go to the sign-in/out area to ensure they sign out indicating the time of their departure from the field. Players are instructed to go immediately to their vehicle and leave the park. Players are not permitted to remain at the field.

At the time of sign-out, all players are required to sanitize themselves with hand sanitizer that will be available at the sign-in/out area. All players are required to sanitize their soccer ball at the time they sign out using sanitization solution (may be spray or wipe form).

The forms, which include the Covid-19 Symptom Checklist and the Tracing Log, are to be scanned by the manager or assistant manager responsible for the sign-in/out process and sent via Drop Box to the Georgetown Soccer Club at [info@georgetownoccerclub.com](mailto:info@georgetownoccerclub.com).

Parents are reminded they are to remain in their vehicles for the entire duration of the practice and they are not permitted to be on the field at any time.

**Age Division Specifics:**

Active Start U6 and younger are covered under the House League/Skills Training plans that have been developed.

FUNDamentals U7-U9 will follow all of the procedures as outlined. Note that in these age divisions, there are to be 3 or 4 additional parent volunteers to assist with the training to ensure that there is a ratio of no more than 3 players to 1 adult (coach/assistant coach/volunteer).

Learn To Train (U10-U12) and Soccer4Life (U13+) have no additional guidelines beyond those outlined in the procedures.

**Violation of Procedures:**

All procedures will be reviewed with team officials prior to the start of Return to Train. All team officials will agree, in writing, to the Return to Train plan.

Field Marshalls will be located at the field of practice and are responsible for ensuring there is compliance to all established procedures. In the event there is an infraction noted, the Field Marshall will address the coach and direct him/her to cease soccer practices, effective immediately, pending an investigation by the Georgetown Soccer Club.

Team Officials, including coaches, assistant coaches, managers, assistant managers, and approved volunteers, will be subject to discipline, up to and including suspension from all soccer activities.

# **APPENDIX**



**COVID-19 SYMPTOMS CHECKLIST FOR  
GSC STAFF/COACHES/PARTICIPANTS**

<b>Do you have any of the symptoms below?</b>			
1	a. Fever (greater than 38.0 C)?	YES	NO
	b. Cough?	YES	NO
	c. Shortness of breath/difficulty breathing?	YES	NO
	d. Sore throat?	YES	NO
	e. Runny nose?	YES	NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3	Have you, or anyone in your household, travelled outside of Canada in the last 14 days?	YES	NO
4	Have you, or anyone in your household, been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?	YES	NO
5	Are you currently being investigated as a suspected case of COVID-19?	YES	NO
6	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

If an individual answers “YES” to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.

*\*Note that the temperature of the player should be taken at home prior to bringing the player to the field and be prepared to provide that information to the manager/assistant manager at the time of sign-in.*



## **GSC Club Protocol – Parents and Players**

### **Players**

- All players will utilize the “self checklist.”
- If you experience any of the symptoms, please follow recommendations and contact your medical health provider.
- Do not carpool unless with immediate family members.
- Always follow the instructions from coaches and respect physical distancing.
- Arrive no more than 15 minutes prior to activity commencement.
- Do not congregate at the facility entry point.
- Arrive prepared to train – changing rooms will not be in use.
- Bring your own water bottles clearly labelled with your name.
- Do not share water bottles.
- Follow the hygiene protocols in this document.
- Physical distancing of two (2) metres (6 feet) must be maintained.
- No more than 1 person per 4m<sup>2</sup>.
- All “non-essential” contacts should be avoided (handshakes, high 5’s, etc).
- Only use your own equipment.

### **Parents**

- Follow the hygiene protocols in this document.
- Avoid congregating at GSC facility entry points.
- Remind players to arrive to training dressed and ready, as change rooms will not be available.
- Only one parent/guardian attending soccer activities.
- Parents/guardians to keep a reasonable distance from the field.
- No more than 1 person per 4m<sup>2</sup>.
- Ensure to check in with coach for completion of attendance at the soccer activity.
- At home, ensure all the player’s equipment is washed separately from the other household items.
- Ensure child is healthy and has no sign of COVID-19 symptoms.
- Drop and pick up player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator, if allowed.
- There should be NO snacks at the field of practice.



## **GSC Club Protocol – Coaches**

- Priority is to ensure a safe environment, complete coach certification and safe sport.
- GSC will hold an online pre-activity orientation with players and parents regarding safety protocols, ie, social distancing, modified training, pick-up and drop-off, hand washing, cough suppression, no spitting or nose clearing, etc, prior to commencement of first training session
- Coaches will wipe down personal and field equipment using disinfected spray or towels, before and immediately after each session (do not clean at home as contaminated items may travel into the home environment).
- Only coaches/staff will handle equipment.
- Wear face masks (not mandatory).
- Structure activities to maximize physical distancing.
- Design activities so athletes may stay within their existing small groups to reduce amount of contact with different people.
- No heading, chest or hand contact with ball (feet only).
- No use of soccer nets.
- Regular sanitization breaks combined with water breaks.
- Use cones and other equipment to ensure appropriate spacing is in place to support distancing.
- Frequently clean all surfaces, including counters, door handles, benches, tables, etc.
- Soap or hand sanitizer should be made available to all people in various locations throughout facility.



## RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

*(To be signed by participants of the age of majority and over)*

**WARNING! By signing this document, you will waive certain legal rights. Please read carefully.**

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned acknowledges and agrees to the following terms outlined in this agreement:

### Disclaimer

2. Ontario Soccer, its affiliated districts, leagues, clubs and teams, and their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, independent contractors, subcontractors, sponsors, owners/operators of the facility in which the Activities take place, , successors and assigns, and representatives (the "Organization") are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

*I have read and agree to be bound by paragraphs 1 and 2.*

### Description of Risks

3. I understand and acknowledge that:
  - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
  - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;
  - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and
  - d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.

4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities which could result in damage, loss, serious physical injury, or death. The risks, dangers and hazards include, but are not limited to, injuries from:
- a) Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.
  - b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on grass, turf or other surfaces, extreme weather conditions; travel to and from premises.
  - c) Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.
  - d) Contact: contact with soccer balls, other equipment, poles, stands, soccer equipment, nets, fences, or other persons, whether intentional or unintentional, is a common part of soccer programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
  - e) Advice: negligent advice regarding soccer programs.
  - f) Ability: Failing to act safely or within my own ability or within designated areas.
  - g) Sport: the game of soccer and its inherent risk.
  - h) Cyber: privacy breaches, hacking, technology malfunction or damage.
  - i) Conduct: My conduct and conduct of other persons including any physical altercation between soccer participants.
  - j) Travel: Travel to and from the Activities.
  - k) Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of soccer programs, some of which are referred to above.

#### Terms

5. In consideration of the Organization allowing me to participate in the Activities, I agree:
- a) That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental or physical condition;
  - b) That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select;
  - c) To comply with the rules and regulations for participation in the Activities;
  - d) To comply with the rules of the facility or equipment;
  - e) That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring such to the attention of a The Organization representative immediately;
  - f) The risks associated with the Activities are increased when I am impaired, and I agree not to participate if impaired in any way;
  - g) That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity;
  - h) That I am responsible for my choice of protective equipment and the secure fitting of that equipment; and
  - i) That COVID-19 is contagious in nature and I may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all the foregoing risks.

***I have read and agree to be bound by paragraphs 3-5.***

#### Release of Liability and Disclaimer

6. In consideration of the Organization allowing me to participate in the Activities, use its equipment and facilities, I agree:
- a) That the sole responsibility for my safety remains with me;
  - b) To ASSUME all risks arising out of, associated with or related to my participation;

- c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to be involved in the Activities;
- d) To WAIVE any and all claims that I may have now or in the future against the Organization;
- e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization;
- f) To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of warranty, breach of contract and/or breach of any statutory duty of care of the Organization;
- g) TO HOLD HARMLESS AND INDEMNIFY the Organization from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in the Activities;
- h) To FOREVER RELEASE AND INDEMNIFY the Organization relating to becoming exposed to or infected by COVID-19 which may result from the actions, omission or negligence of myself and others, including but not limited to the Organization;
- i) That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;
- j) That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and
- k) This release, waiver and indemnity is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

**Jurisdiction**

7. I agree that in the event that I file a lawsuit against the Organization, I agree to do so solely in the Province of Ontario, Canada and further agree that the substantive law of Ontario will apply without regard to conflict of law rules. I further agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

***I have read and agree to be bound by paragraphs 5-7.***

**Acknowledgement**

8. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Witness



## INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

*(To be executed by participants under the age of majority)*

**WARNING!** By signing this document, you will assume certain risk and responsibilities. Please read carefully!

**Participant's Name:** \_\_\_\_\_

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the "Organization") and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned being the Participant and Participant's Parent/Guardian (collectively the "Parties") acknowledges and agrees to the following terms outlined in this agreement:
2. I am the Parent/Guardian of the Participant and have full legal responsibility for the decisions of the Participant.

### Description of Risks

3. The Parties understand and acknowledge that:
  - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
  - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;
  - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and
  - d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.
4. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to:
  - a) Contracting COVID-19 or any other contagious disease;
  - b) Executing strenuous and demanding physical techniques;
  - c) Vigorous physical exertion, strenuous cardiovascular workouts and rapid movements;
  - d) Exerting and stretching various muscle groups;
  - e) The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
  - f) Spinal cord injuries which may render the Participant permanently paralyzed;

- g) Serious injury to virtually all bones, joints, ligaments, muscles, tendons and other aspects of the Participant's body or to the Participant's general health and well-being;
- h) Abrasions, sprains, strains, fractures, or dislocations;
- i) Concussion or other head injuries, including but not limited to, closed head injury or blunt head trauma;
- j) Physical contact with other participants, spectators, equipment, and hazards;
- k) Not wearing appropriate safety or protective equipment, such a helmet;
- l) Failure to act safely or within the Participant's ability or within designated areas;
- m) Grass, turf, and other surfaces including bacterial infections and rashes;
- n) Collisions with fences, poles, stands, and soccer equipment;
- o) Negligence of other persons, including other spectators, participants, or employees;
- p) Weather conditions; and
- q) Travel to and from competitive events and associated non-competitive events which are an integral part of the Activities

***We have read and agree to be bound by paragraphs 1-4.***

### **Terms**

5. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
  - a) That the Participant's mental and physical condition is appropriate to participate in the Activities;
  - b) That when the Participant practices or train in his or her own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
  - c) To comply with the rules and regulations for participation in the Activities;
  - d) To comply with the rules of the facility or equipment;
  - e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring such to the attention of an Organization representative immediately;
  - f) The risks associated with the Activities are increased when the Participant is impaired and the Participant agrees not to participate if impaired in any way;
  - g) That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
  - h) That they are responsible for the choice of the Participant's protective equipment and the secure fitting of the protective equipment;
  - i) That COVID-19 is contagious in nature and the Participant may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all of the foregoing risks.
  
6. In consideration of the Organization allowing the Participant to participate, the Parties agree:
  - a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to be involved in the Activities; and
  - b) That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities.

***We have read and agree to be bound by paragraphs 5 and 6.***

### **General**

7. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the province of Ontario, Canada and they further agree that the substantive law of Ontario will apply without regard to conflict of law rules.
  
8. The Parties expressly agree that this Agreement is intended to be as broad and inclusive as is permitted by law and that if any of its provisions are held to be invalid, the balance shall, notwithstanding, continue in full legal force and effect.

### **Acknowledgement**

9. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their

heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

\_\_\_\_\_  
Name of Participant (print)

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Name of Parent or Guardian (print)

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date



## DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): \_\_\_\_\_

Individual's Parent/Guardian: \_\_\_\_\_  
(if the individual is younger than 18 years old)

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

### WARNING!

ALL INDIVIDUALS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION

Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the "Organization") require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 18 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 18 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19. **OR** If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- 3) The individual has not been exposed to a person with a confirmed or suspected case of COVID-19. **OR** If the individual was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.

- 4) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 5) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 6) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 7) The individual has not, nor has any member of the individual's household, travelled to or had a lay-over in any country outside Canada in the past 14 days. If the individual travels, or if anyone in the individual's household travels, after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The individual is following recommended guidelines, including but not limited to practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.
- 10) This document will remain in effect until the Organization, per the direction of the provincial government and provincial and local public health authorities, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: \_\_\_\_\_  
Individual (If 13 and over)

Date: \_\_\_\_\_

Signature: \_\_\_\_\_  
Parent/Guardian (if the individual is younger than 18 years old)

Date: \_\_\_\_\_

